



**VITALITY
HEALTH FOODS**
YOUR HEALTH IS OUR PRIORITY



**GET A FREE
THERMAL LUNCH BAG
FOR PURCHASE OVER \$50**

*Till quantity last



**QUERCERTIN
120 VCAPS**

- Immune system support
- Reduce inflammation
- Relieves allergy symptoms
- Reduces blood pressure
- Supports brain health

SALE PRICE: \$47.99

**MAGNESIUM BISGLYCINATE
300 VCAPS**

- Superior absorption
- Helps to maintain proper muscle function + prevent cramps
- Helps in the development and maintenance of bones and teeth
- Ideal for people with sensitive intestines

SALE PRICE: \$38.99



**NUTRI NAC
150 VCAPS**

- Supports respiratory health
- Prevents LDL (bad cholesterol) oxidation to help support cardio health
- Supports detoxification
- Supports glutathione production (an important antioxidant)

SALE PRICE: \$29.99

**D3 +K2
300 SOFTGELS**

- Supports immune system function
- Support cardiovascular health
- Supports blood sugar balance
- Supports bone growth and density
 - Supports healthy mood, mental clarity and productivity

SALE PRICE: \$43.99



**LIPOSOMAL GLUTATHIONE
75 SOFTGELS**

- Aging defense
- Antioxidant protection
- Detoxification
- Energy production

SALE PRICE: \$43.99

**COLLOIDAL SILVER
600ML**

- Immune system support
- Heals wounds & skin conditions
 - Water purification
 - Anti-Inflammatory
 - Sinus infectionsupport
- Common cold & flu support
- Bronchitis & pneumonia support

SALE PRICE: \$32.99



COLLAGEN

- Ease joint pain & inflammation
- Helps support bone density
- Supports healthy skin, hair & nails

SALE PRICE:

BOVINE 150 CAPS - \$26.99

BOVINE 425G - \$38.99

MARINE 150 CAPS - \$33.99

MARINE 425G - \$59.99



**ORGANIC CURCUMIN 95%
90 VCAPS**

- Fight inflammation
- Boost immune system
- Fast acting
- Clinically proven

SALE PRICE: \$38.99

**BUY 1 TURMERIC 95% 90 CAPS
AND RECEIVE A FREE
WHOLE ROOT TURMERIC
120 VCAPS**





VITALITY HEALTH FOODS

YOUR HEALTH IS OUR PRIORITY

MAY 16 - JUNE 30, 2022

CUSTOMER APPRECIATION

BUY ANY REGULAR PRICED PRODUCT & RECEIVE

25% OFF*

*Minimum purchase of \$25.00 before taxes. Valid at Vitality Health Foods Only. One coupon per visit. Expires June 30, 2022.

NAC+



- For cellular protection against free radical damage
- 600 mg of N-Acetyl-L-Cysteine
- Plus L-Glycine and selenium for added cellular support

120 v-caps Sale Price \$15.99



MAGNESIUM BIS-GLYCINATE - 200 GENTLE



- Preferred and highly absorbable Bis-glycinate form
- Easy and gentle on the bowels
- 200mg of pure elemental per capsule

120 v-caps Sale Price \$24.99
240 v-caps Sale Price \$35.99

OMEGA TWIST



- Omega-3s support cognitive, cardiovascular, and joint health
- 1500mg of EPA + DHA in each daily serving
- Sustainably sourced from deep sea fish
- Native triglyceride form and emulsified for superior absorption
- Each batch is rigorously tested for purity and potency

Peachy Mango, Tangerine Tang, Lime-Licious
450 ml Sale Price \$35.99

ZINC BIS-GLYCINATE 25



- Preferred form of zinc due to its superior absorption and gentleness.
- Daily intake is important, as we excrete what we don't use or absorb.
- The mineral zinc plays an important role in several bodily functions including proper wound healing, taste, vision, cognitive health, immunity, blood sugar support, and normal glandular function.
- An essential component of the body's antioxidant enzymes, superoxide dismutase (SOD) and glutathione peroxidase.

60 v-caps Sale Price \$8.99
120 v-caps Sale Price \$14.99

LIPOSOMALS



- CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell.
- Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake.
- With soy-free phospholipids sourced from sunflower and phosphatidylcholine.
- No artificial colours, flavours, preservatives or animal products.
- Delicious tangerine peach flavour.

Curcumin 100, Magnesium 50, Vitamin C 1000
450 ml Sale Price \$35.99
Coenzyme Q10
450 ml Sale Price \$44.99

MAGNESIUM SLEEP



- This formulation is designed to help people relax, reset their circadian biological clocks, and get better sleep
- Therapeutic 125mg of magnesium bis-glycinate, 100mg of GABA (gamma-aminobutyric acid)
- 2.5mg of melatonin as natural sleep aids with every vegetable capsule
- No fillers or flavours

120 v-caps Sale Price \$24.99

COLLAGEN FULL SPECTRUM



- 100% pure hydrolyzed peptides
- Enhanced solubility & bioavailability
- Derived from grass fed, pasture raised cows, free of antibiotics, hormones, and GMO ingredients

250g Powder Sale Price \$35.99
500ml Liquid Sale Price \$30.99

ADRENAL PRO



- Helps increase energy and reduce stress and fatigue
- Enhances physical and mental performance
- Provides an improved sense of well being

120 v-caps Sale Price \$35.99

ADRENAL CHILL



- Providing 600mg of KSM-66®, the highest concentration, full-spectrum extract of Ashwagandha
- KSM-66® reduces cortisol, stress and anxiety
- 200mg of L-Theanine to promote relaxation without sedation

90 v-caps Sale Price \$26.99

BIOACTIVE B



- Formulated with clinically researched dosages
- A complete B-complex with all eight water-soluble B vitamins, plus choline and inositol
- The highly absorbable bioactive form skips the need for conversion in the liver
- Flush-free formula
- Available in liquid and capsules
- Liquid formula is a delicious natural blueberry flavour with no artificial sweeteners

90 v-caps Sale Price \$29.99
180 v-caps Sale Price \$49.99
500 ml Sale Price \$26.99

HEALTHY BONES



- Complete bone building blend with critical calcium, magnesium, D3, K2, and trace minerals
- Vegan formula, with lichen-sourced vitamin D3
- Highly bioavailable calcium blend - 2x better absorbed than MCHC
- Features the world's most soluble and absorbable source of silicon, LIVING SILICA®

120 v-caps Sale Price \$14.99
500ml Sale Price \$19.99

SLEEP RESTORE ASHWAGANDHA



- Helps relieve stress that contributes to sleeplessness
- Counteracts the impacts of stress hormones
- Melatonin-free sleep aid

90 v-caps Sale Price \$26.99

SLEEP RESET MELATONIN



- Soothes mental stress that contributes to sleeplessness
- Resets the circadian rhythm
- Helps prevent the effects of jet lag

90 v-caps Sale Price \$26.99

PRO-BIOTIK 50B EXTRA STRENGTH



- An extra strength formula for restoring the gut after gastrointestinal disturbances or antibiotic use
- Convenient blister packs for ease of use - anytime, anywhere
- 50 billion CFU, 14 critical strains
- Shelf-stable, one-a-day
- With 20mg vitamin C
- Restores gut flora

30 v-caps Sale Price \$29.99

HAWKSTONE PLAZA 18326 LESSARD RD 780-761-6555
LONDON DERRY MALL 780-473-4268
NORTHGATE CENTRE 780-476-6062
CAPILANO MALL (NEXT TO WINNERS) 780-413-4817
BONNIE DOON SHOPPING CENTRE (NEXT TO BANK OF MONTREAL) 780-761-1999
SOUTH EDMONTON COMMON (ACROSS FROM LONDON DRUGS) 780-461-0889
WESTMOUNT MALL 111 AVE & GROAT RD. 780-453-1313
KINGSWAY MALL (NEXT TO HOMESENSE) 780-752-0786
MILL WOODS TOWN CENTRE (NEXT TO FOOD COURT) 780-757-8482
NOW OPEN CALLINGWOOD NEW LOCATION 248, 6655 178 ST 780-481-0157

JASPER GATES SQ. (STONY PLAIN RD. & 149 ST.) 780-484-2380
NOW OPEN FORT SASKATCHEWAN #101 41 WESTPARK BOULEVARD 587-285-2201
SHERWOOD PARK (EMERALD DR.) 587-269-1919
ST. ALBERT SHOPPING CENTRE (ACROSS FROM WINNERS) 587-290-3663
ST. ALBERT GATEWAY VILLAGE CTR. 780-460-4583
BEAUMONT 5023-52 AVE 780-737-3663
WETASKIWIN MALL (37 AVE & 56 ST.) 780-368-3040
CAMROSE DUGGAN MALL 780-673-9786



@VITALITYHEALTHFOODS



@VITALITYHEALTHFOODS



D-MANNOSE



- Urinary Tract Support
- Helps Reduce the Risk of Recurring UTIs
- 100 % Pure Powder
- Vegetarian/Vegan

500 mg 120 v-caps Sale Price \$25.99

85g Powder Sale Price \$29.99

HYALURONIC ACID



- High Potency
- Important Constituent for Joint Health
- Provides Antioxidants for the Maintenance of Good Health
- Vegetarian/Vegan

100mg 60 v-caps Sale Price \$27.99

NIACINAMIDE



- Non Flush Form of Niacin
- Aids Growth & Development
- Maintains Good Health
- Helps Metabolize Proteins, Fats & Carbohydrate
- Purity Tested and Quality Assured

500mg 100 v-caps Sale Price \$10.99

CASTOR OIL



- 100 % Pure & Versatile Skin Care
- One of the Finest Emollients Available
- Helps to Support & Soften Skin and Hair
- Expeller Pressed & Hexane Free
- Odourless and Colourless

473ml Sale Price \$13.99

GABA + VITAMIN B6



- Promotes Relaxation & Eases Nervous Tension
- Naturally Occurring L-Form of GABA
- A Factor in the Maintenance of Good Health
- Fast Absorbing Capsules for Quick Relief
- Vegetarian/Vegan

500mg 100 v-caps Sale Price \$16.99

NAC



- Antioxidant for Good Health
- With Essential Trace Minerals Molybdenum & Selenium to Further Enhance the Antioxidant Potential
- Helps to Replenish Glutathione, One of the Body's most Potent Antioxidants

600mg 100 v-caps Sale Price \$17.99

SUPER ENZYMES



- Comprehensive Blend of Enzymes to Support Healthy Digestion
- Formulated with Bromelain, Betaine HCL, Ox Bile, Pancreatin & Papain
- Helps to Optimize the Breakdown of Proteins, Fats & Carbohydrates

90 v-caps Sale Price \$23.99

180 v-caps Sale Price \$42.99

XYLITOL



- Pure Natural Source Sweetener
- Excellent alternative to refined sugar
- Naturally sweet and won't promote tooth decay
- Non GMO

454g Sale Price \$12.99

ZINC PICOLINATE



- Supports Immune Function
- Helps with connective tissue formation and healthy skin
- Helps the body to metabolize carbohydrates, proteins & fats

25mg 100 v-caps Sale Price \$12.99



PROGRESSIVE MULTI WOMEN 50+



Getting older is no reason to slow down. Progressive MultiVitamins for Women 50+ addresses the needs of an aging body and helps you stay youthful and remain active with the ones you love.

- Green Food Concentrates
- Vision & Bone Nutrients
- Damiana & Green Tea
- Immune Support
- Antioxidants

- Supports your bones, eyes & cardiovascular health
- Assists in the maintenance of more youthful estrogen levels
- Strengthens immune function

60 caps Sale Price \$19.99

120 caps Sale Price \$33.99

PROGRESSIVE MULTI VITAMIN FOR MEN 50+



Getting older is no reason to slow down. Progressive MultiVitamins for Men 50+ addresses the needs of an aging body and helps you stay youthful and remain active with the ones you love.

- Vision & Bone Nutrients
- Saw Palmetto & Lycopene
- Immune Support
- Hawthorn & Maca
- Antioxidants

- Supports your bones, eyes, prostate & cardiovascular health
- Assists in the maintenance of more youthful testosterone levels
- Strengthens immune function

60 caps Sale Price \$19.99

120 caps Sale Price \$33.99

MULTIVITAMINS FOR ACTIVE MEN



Whether you exercise, work long hours, raise a family or any combination of the above, your body needs the support of an Active MultiVitamin formula.

- Glutamine, ALA & CoQ10
- Green Food Concentrates
- Stress Relief Nutrients
- Chromium, D3 & K2
- Tribulus & Zinc

- Supports your bones, eyes, heart & thyroid
- Fights free radicals, accelerates recovery & replaces lost electrolytes
- Improves energy production & combats stress

30 caps Sale Price \$13.99

60 caps Sale Price \$20.99

120 caps Sale Price \$36.99



MULTIVITAMINS FOR ACTIVE WOMEN

Whether you exercise, work long hours, raise a family or any combination of the above, your body needs the support of an Active MultiVitamin formula.

- Green Food Concentrates
- Stress Relief Nutrients
- Antioxidant Support
- Green Tea, D3 & K2
- Glutamine & ALA
- Supports your bones, eyes, heart & thyroid
- Fights free radicals, accelerates recovery & replaces lost electrolytes
- Improves energy production & combats stress

30 caps **Sale Price \$13.99**
 60 caps **Sale Price \$20.99**
 120 caps **Sale Price \$36.99**



PROGRESSIVE COMPLETE CALCIUM FOR WOMEN 50+

Calcium is an essential component of a healthy diet, especially for women over 50. After menopause, it is not uncommon for women to lose up to 5% of their bone mass each and every year. For this reason, Complete Calcium for Women 50+ has been formulated with additional calcium as well as herbal extracts to help balance hormones.

- Multiple Calcium Sources
- CLA, Flax, Red Clover
- Green Food Concentrates
- Grape Seed, Silica & D3
- Apple Cider Vinegar
- Promotes healthy bones, skin, teeth and gums
- Helps to balance pH and fight against calcium excretion
- Supports proper muscle function.

120 caps **Sale Price \$22.99**



PROGRESSIVE VITAMIN D FOR KIDS WITH SUNSHINE BURST CHEWABLES!

Progressive's Sunshine Burst VITAMIN D for Kids plays an important role in the healthy development of bones and teeth. It provides 1,000 IU of Vitamin D3 in each chewable softgel with a kid friendly Natural Lemon taste. It's great for mom & dad too!

- Helps In The Absorption And Use Of Calcium And Phosphorus
- Supports The Development Of Bones And Teeth
- 1,000 IU Vitamin D3
- 100% All Natural Ingredients
- Kid Friendly Taste

120 softgels **Sale Price \$14.99**



PROGRESSIVE PHYTOBERRY

PhytoBerry is a highly concentrated berry based whole food supplement loaded with natural antioxidants. Featuring over 40 fruit concentrates, phytonutrients, and plant oils, PhytoBerry is specifically designed to offer whole body antioxidant® protection. A single serving has the equivalent nutrient content of 6 to 8 servings of fresh fruit.

- Whole Body Antioxidants
- 5,000 ORAC Units Per Serving
- Berry & Fruit Concentrates
- Phytonutrients & Plant Oils
- Nutrient equivalent of 6 to 8 servings of fresh fruit
- Provides antioxidant protection to your entire body
- Increases energy & promotes mental clarity
- Supports immune function

105g **Sale Price \$16.99**
 450g **Sale Price \$36.99**
 900g **Sale Price \$64.99**



SMART SOLUTIONS MENOSMART+ (MENOSMART PLUS WITH SAGE)

MENOSmart plus ensures rapid reduction of night sweats and hot flashes. MENOSmart plus contains sage, black cohosh, dong quai, gamma oryzanol, vitex and hesperidin to provide relief of menopausal symptoms fast. Black cohosh is so safe that it has been used in women with estrogen receptor positive breast cancer who are taking the drug Tamoxifen. Vitex helps to enhance progesterone levels and reduces male facial hair growth in menopausal women.

If you are on hormone replacement therapy (HRT) and still get hot flashes and night sweats, take MENOSmart plus along with your HRT to ensure that you never have to suffer again. Use MENOSmart plus along with SLEEPsmart for deep, restful sleep.

- Relieves menopause symptoms
- Stops hot flashes
- Halts night sweats
- Calms mood swings

120 caps **Sale Price \$25.99**



SMART SOLUTIONS SMILE 5-HTP 100 MG

Anxiety, depression, mood swings and just feeling sad are associated with low levels of serotonin. Serotonin is our happy hormone that helps us to feel calm, relaxed and happy. Raising serotonin levels naturally is easy by taking SMILE 5-HTP. SMILE is a 99% pure 5-HTP supplement that safely and quickly raises serotonin levels thereby helping to balance mood. The 5-HTP in SMILE is vegetarian enteric-coated ensuring maximum absorption and effectiveness. Take SMILE as directed to help you feel happy and balanced.

60 tablets **Sale Price \$21.99**
 120 tablets **Sale Price \$35.99**



SMART SOLUTIONS PROTEINSMART WITH CLA

Conjugated linoleic acid (CLA) is a fatty acid supplement that literally melts fat. Have a delicious shake with two scoops of PROTEINsmart for breakfast containing 40 grams of protein and 5000mg of CLA. The combination of CLA and protein enhances your fat burning furnace. When you eat PROTEINsmart with CLA for breakfast the fat burning effect lasts 4 to 6 hours.

- Hormone and gluten-free whey protein isolate
- Contains CLA for weight loss with no diet change
- Delicious chocolate and vanilla flavours

Chocolate or Vanilla 908g **Sale Price \$59.99**

Progressive®

natural
Factors®

COMPLETE MULTI-PURPOSE FORMULA



Healthy colon and small intestine



Potency guaranteed through expiration



Research-supported strains and strengths



Non-GMO



naturalfactors.com • 1-800-663-8900

Ultimate Multi Probiotic Double Strength 60 v-caps **Sale Price \$37.99**

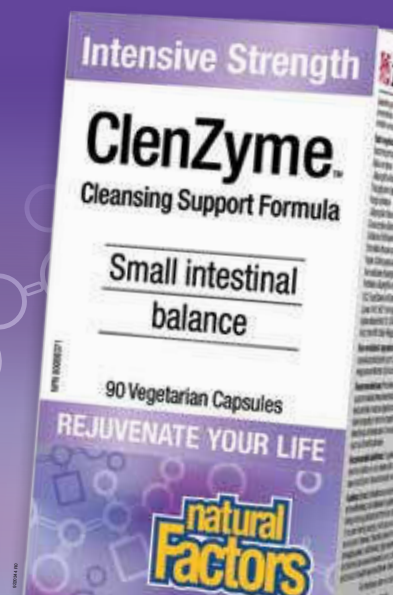
Reduces UNHEALTHY CANDIDA FUNGI in your COLON



CLEANSING
PROCESSES



OPTIMAL
COLON HEALTH



naturalfactors.com • 1-800-663-8900

Manufactured in Canada

ClenZyme Intensive Strength 90 v-caps

Sale Price \$23.99

Highest absorption VITAMIN C



BioCgel™

No other vitamin C on the market has this combination

- Highest absorption liquid vitamin C in a liquid softgel
- Non acidic, easy to digest
- Extra-strength fruit flavonoids to enhance the effects of vitamin C

isura
NON-GMO, MASS SPEC

naturalfactors.com

**natural
Factors**

500mg Bonus 210 softgels Sale Price \$24.99

Ultimate Prostate Support

- Contains 7 of the best-known herbs that support prostate health and function
- Helps prevent or ease symptoms of prostate enlargement
- Improves urinary flow and may reduce nighttime urination frequency

60 v-caps Sale Price \$32.99



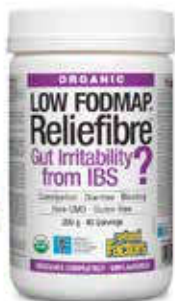
Natural Relief for Muscle Cramps

- Easy on the stomach
- One-per-day capsule

Magnesium Bisglycinate 200mg 120 v-caps Sale Price \$17.99
Magnesium Bisglycinate 200mg 250 v-caps Sale Price \$29.99



Get relief anywhere!



Organic Reliefibre Tropical 268g Sale Price \$32.99
Organic Reliefibre Unflavoured 200g Sale Price \$32.99

Support for acute digestive needs

Senior Multi Probiotic 30 v-caps Sale Price \$24.99

Magnesium Citrate

- Supports the nervous system during times of stress
- Calms muscle spasms and relaxes tight muscles
- Supports cardiovascular health

150mg Bonus 210 caps Sale Price \$17.99



High Potency B Complex

- One-per-day formula that provides the full spectrum of all essential B vitamins
- Helps the body convert carbohydrates, fats, and proteins to energy
- Aids tissue and red blood cell formation

50mg Bonus 210 caps Sale Price \$27.99



Supports WHEAT, GLUTEN, and DAIRY PROTEIN digestion



GLUTEN & DAIRY
DIGESTION



REDUCES
BLOATING

naturalfactors.com • 1-800-663-8900

Manufactured in Canada

ReliefZyme Intensive Strength 45 v-caps Sale Price \$24.99



7 Day Detox Kit

- Easy to use & great tasting detox program & meal replacement all in one kit.
- Provides a two-step detoxification program with liver and colon support
- Nourishes the detoxification organs

Sale Price \$54.99



Black Elderberry Gummies

- Black elderberry extract reduce symptoms of viral infection by half and shorten the duration of symptoms by 3-4 days.
- Delicious, naturally flavoured gummies are non-GMO and made without gelatin.
- Suitable for vegetarians, with added Vitamin C, D & Zinc

**new
product**

60 vegGums Sale Price \$17.99



Travel Biotic BB536

- No refrigeration required to maintain potency
- BB536 is a high-potency probiotic, with 10 billion cfu (colony forming units) of Bifidobacterium longum BB536 per capsule
- BB536 is among the most researched and effective probiotics in the world.

60 v-caps Sale Price \$31.99



Healthy dose of sunshine for IMMUNE SUPPORT



SunVitamin D3

The sunshine vitamin

- Provides essential immune support
- Supports healthy bones and teeth
- The preferred D3 form of vitamin D
- Convenient tablet, softgel, and liquid formats

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NON-GMO, MASS SPEC

naturalfactors.com

**natural
Factors**

Sunvitamin D3 25001U 90 softgels Sale Price \$2.99
Sunvitamin D3 25001U 180 softgels Sale Price \$6.99
Sunvitamin D3 25001U 360 softgels Sale Price \$10.99
Sunvitamin D3 25001U 500 softgels Sale Price \$13.99
Sunvitamin D3 25001U 100 tabs Sale Price \$2.99
Sunvitamin D3 25001U 250 tabs Sale Price \$5.99

GET YOUR LIBIDO BACK!

ULTIMATE LIBIDO

isura
LAB TESTED CLEAN ✓
NON-GMO VERIFIED ✓

90 v-caps **Sale Price \$43.99**
180 v-caps **Sale Price \$77.99**

VegiDay

EVERYTHING YOU NEED IN ONE DELICIOUS SCOOP

Vegan | Non-GMO | USDA Organic | Gluten Free | Raw

21g PROTEIN | 26 FRUITS & VEGGIES | ESSENTIAL VITAMINS & MINERALS

myvegiday.com

VegiDay All In One Nutritional Shake - French Vanilla 860g	Sale Price \$54.99
VegiDay All In One Nutritional Shake - Decadent Chocolate 900g	Sale Price \$54.99
VegiDay All In One Nutritional Shake - Unflavoured 720g	Sale Price \$54.99
VegiDay All In One Nutritional Shake - Spring 500g	Sale Price \$39.99
VegiDay All In One Nutritional Shake - Spring 780g	Sale Price \$54.99
VegiDay Protein - French Vanilla 1110g	Sale Price \$49.99
VegiDay Protein - Decadent Chocolate 1110g	Sale Price \$49.99
VegiDay Protein - Very Berry 972g	Sale Price \$49.99
VegiDay Protein - Unflavoured 840g	Sale Price \$39.99

BioSil™

Vegan Collagen Generator

CLINICALLY PROVEN | 100% VEGAN

NEW easy-to-swallow liquid capsules!

NEW Biosil 60 Liquid v-caps	Sale Price \$31.99
NEW Biosil 120 Liquid v-caps	Sale Price \$59.99
Biosil Liquid - 15 ml	Sale Price \$20.99
Biosil Liquid - 30 ml	Sale Price \$39.99
Biosil - 46 v-caps	Sale Price \$26.99
Biosil - 90 v-caps	Sale Price \$43.99
Biosil - 120 v-caps	Sale Price \$58.99

MOOD LIBIDO ENERGY

ULTIMATE MACA ENERGY

isura
LAB TESTED CLEAN ✓
NON-GMO VERIFIED ✓

Ultimate Maca Liquid

- Helps support emotional aspects of sexual health in men and women
- Organic, non-GMO, and vegan. 130 ml **Sale Price \$48.99**

UTI E DROPS

RELIEVE URINARY TRACT INFECTIONS

It Works!
100% Money Back Guarantee

PNO.CA

8687

Preferred Nutrition- UTI E-drops

- Relieves UTI infections
- Urinary tract antiseptic
- Fast absorption

55 ml **Sale Price \$54.99**

WomenSense - Rhodiola

- Reduces Stress, fights fatigue and improves energy
- Enhances mood, sleep, and mental focus

60 v-caps Sale Price \$15.99

Ultimate Bladder Control

- Supports healthy bladder function in men and women
- Contains a water-soluble pumpkin seed extract for easy absorption

60 v-caps Sale Price \$22.99
120 v-caps Sale Price \$39.99

OVER 30? TESTOSTERONE DECLINING?

YOUR ULTIMATE **MALE SOLUTIONS**

Natural formulas to **reduce the negative effects** of declining testosterone levels, aging, and stress.

CERTIFIED ORGANIC | NON-GMO | GLUTEN FREE

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LAB TESTED CLEAN ✓
NON-GMO VERIFIED ✓

assurednatural.com

Ultimate® Male Energy	60 v-caps	Sale Price \$27.99
Ultimate® Male Energy	120 v-caps	Sale Price \$48.99



BEEF BONE BROTH

Pump up the protein content of soups, stews, and sauces; or serve it solo as a delicious bouillon "on-the-go."

For recipe ideas, visit newrootsherbal.com/recipes.

300g Sale Price \$37.99

with Organic Fermented Ginger 300g Sale Price \$37.99
with Organic Fermented Turmeric 300g Sale Price \$36.99



CURCUMIN PLUS PIPERINE 95% CURCUMINOID 500 MG

- Premium extract of curcumin standardized to 95% curcuminoids
 - Strengthens immune-system performance for better disease resistance
 - Non-GMO and tested in an ISO 17025-accredited laboratory
- 90 v-caps Sale Price \$27.99**



FORSIGHT COMPLETE VISION FORMULA

- Protects against macular degeneration and cataracts
- Safeguards your retinas from high levels of UV radiation
- Maintains vibrant, healthy eyesight
- Most comprehensive formula for the clearest results

30 v-caps with 5.5mg of Lutein Sale Price \$39.99

60 v-caps with 5.5mg of Lutein Sale Price \$73.99



OX BILE 500 MG

- Helps increase bile flow
- Aids in digestive health
- Non-GMO

60 v-caps Sale Price \$37.99



QUERCETIN 500MG

Quercetin is a plant-sourced antioxidant compound for the maintenance of good health. Ongoing research proves exciting for the current role of quercetin in global health.

90 v-caps Sale Price 43.99

Quercetin Bioflavonoid Complex 90 v-caps w/250mg of Quercetin Sale Price 33.99



VITAMIN D3 2,500 IU EXTRA STRENGTH

New Roots Herbal's Extra Strength VitaminD3 (cholecalciferol) contains 2,500 IU of this critical vitamin for good health.

90 caps Sale Price 5.99

180 caps Sale Price 10.99

360 caps Sale Price 20.99

Liquid 30ml Sale Price 25.99

60 softgels Sale Price 4.99

120 softgels Sale Price 7.99

180 softgels Sale Price 10.99

360 softgels Sale Price 19.99

600 softgels Sale Price 28.99



EXOTIC OILS COLLECTION

Discover all that Nature has to offer for your skin. Luxurious and revitalizing exotic oils that will bring out your natural glow! Certified Organic or Wildcrafted.

Argan Oil Certified Organic 50ml Sale Price \$20.99

Baobab Oil Organic 30ml Sale Price \$17.99

Cacay Seed Oil 15ml Sale Price \$22.99

Cacay Seed Oil 30ml Sale Price \$42.99

Cranberry Seed Oil Certified Organic 15ml Sale Price \$14.99

Exotic Oils Gift Set Organic Exotic Oils Collection Gift Set Sale Price \$37.99

Goji Seed Oil Certified Organic 15ml Sale Price \$28.99

Marula Seed Oil Organic 30ml Sale Price \$16.99

Moringa Seed Oil Organic 30ml Sale Price \$10.99

Pomegranate Seed Oil (Punica granatum) · 100% Pure · Certified Organic 50ml Sale Price \$14.99

Rose hip Seed Oil Rosa Mosqueta Certified Organic 15ml Sale Price \$9.99

Rosehip Seed Oil Rosa Mosqueta Certified Organic 30ml Sale Price \$18.99

Sea buckthorn Seed Oil Certified Organic 30ml Sale Price \$27.99

Skin Lovers' Oil Certified Organic 15ml Sale Price \$17.99

Tamanu Oil Certified Organic 30ml Sale Price \$13.99



MEDICINAL MUSHROOMS

- Boosts the immune system for a greater resistance to stress and diseases

Chaga 60 caps Sale Price \$28.99

Chaga Tea 100g Sale Price \$17.99

Cordyceps 60 caps Sale Price \$28.99

Lion's Mane Hericium erinaceus 500 mg 60 caps Sale Price \$28.99

Lion's Mane Hericium erinaceus 500 mg 120 caps Sale Price \$50.99

Lion's Mane Powder 100 g Sale Price \$23.99

Maitake 60 caps Sale Price \$28.99

Maitake Powder 100 g Sale Price \$32.99

Reishi 60 caps Sale Price \$28.99

Reishi 120 caps Sale Price \$50.99

Reishi Powder 100 g Sale Price \$27.99

Reishi Slices Ganoderma lucidum · Organic 100 g Sale Price \$20.99

Resilience 90 caps Sale Price \$41.99

Shiitake 60 caps Sale Price \$21.99

Shiitake Powder 100 g Sale Price \$25.99

Cordyceps Militaris Extract 60 caps Sale Price \$30.99

Coriolus 60 caps Sale Price \$28.99

Coriolus Powder Turkey Tail 100 g Sale Price \$23.99



QUERCETIN

- An antioxidant.
- Used in Herbal Medicine as a capillary/blood vessel protectant.

500mg 120 v-caps Sale Price \$47.99



MAGNESIUM BISGLYCINATE

Magnesium Bisglycinate is the highly-absorbable magnesium supplement! Help to reduce muscle aches and cramps with Naka's Magnesium Bisglycinate. The chelated form of magnesium in Naka's Magnesium Bisglycinate is the most bioavailable form providing faster, more efficient absorption and more usable magnesium for your body's needs. It's available in great vegetarian friendly capsules.

200mg 300 v-caps Sale Price \$38.99



PLATINUM NUTRI NAC

- Helps to reduce the severity & frequency of influenza-like symptoms & support immune system in adults over 65 or suffering from chronic degenerative diseases.
- Helps to relieve symptoms of chronic bronchitis.

150 v-caps Sale Price \$29.99



PLATINUM ORGANIC CURCUMIN 95%

- Fight inflammation
- Boost immune system
- Fast-acting
- Clinically proven

BUY 1 UNIT OF THE TURMERIC 95% 90 CAPS AND RECEIVE 1 UNIT OF THE WHOLE ROOT TURMERIC 120V-CAPS FOR FREE (while supplies last).

90 v-caps Sale Price \$38.99



PRO COLLAGEN

- Ease joint pain and inflammation
- Helps support bone density
- Supports healthy skin, hair & nails

Bovine 150 v-caps Sale Price \$26.99

Bovine 425g Sale Price \$38.99

Marine 150 v-caps Sale Price \$33.99

Marine 425g Sale Price 59.99



PLATINUM D3+K2

- Helps in the development & maintenance of bones & teeth
- Helps in the absorption & use of calcium & phosphorus
- Calcium intake, when combined with sufficient Vitamin D, a healthy diet and regular exercise may reduce the risk of developing osteoporosis
- Helps to build strong bones and teeth, maintain immune function and helps in the process of normal cell division

300 caps Sale Price \$43.99



PLATINUM COLLOIDAL SILVER 10PPM

- Immune system support
- Heals wounds and skin conditions
- Water purification
- Anti-Inflammatory
- Sinus infection support
- Common cold and flu support
- Bronchitis and pneumonia support

600 ml Sale Price \$32.99



PLATINUM LIPOSOMAL GLUTATHIONE

- Support against oxidative stress and toxins
- Supports the immune system
- Clinically tested glutathione

75 softgels Sale Price \$43.99





RED BEET CRYSTALS



Add the goodness of red beets to breakfast, lunch, dinner, even snacks, with naturally sweet tasting and instantly soluble Red Beet Crystals. Flora Red Beet Crystals are carefully obtained from the juice of freshly harvested organic beets, pressed within 2-3 hours of harvest. They're a great addition to smoothies, soup, muesli, and more.

- Each 200 gram jar contains the equivalent of 2.5 kg (15 cups) of organic beets
- Unique extraction process without heat, solvents, or other chemicals
- Non-GMO + Organic + Vegan

200g Sale Price \$22.99

IRON+

Iron supplements are notoriously hard to absorb. Plus, they frequently cause constipation and irritation of the digestive tract. Flora Iron+ is different. It features liquid ferrous gluconate a form of iron clinically proven to be well absorbed and easy on the digestive tract. Bonus: It's enhanced with energizing B vitamins and comes in a great-tasting base of fruit juices and whole foods. Iron+ will help you maintain healthy iron levels and keep you feeling energized.

240ml Sale Price \$15.99

FERRITIN+

Many healthcare providers recommend taking an iron supplement if you're low on this essential mineral. But form matters. Enter Ferritin+, a plant-based ferritin-iron extracted from organic peas. Ferritin is a naturally protein-coated form of iron found in legumes that allows for controlled release and efficient absorption, which helps to minimize digestive upset. Our clinical studies have shown that plant-based ferritin iron can effectively increase and maintain healthy iron levels. Support your energy levels and red blood cell production with Ferritin+.

30 v-caps Sale Price \$24.99

UDO'S OIL

Udo's Oil Omega 3+6+9 Blend is a foundational oil that provides the omega-3 and omega-6 essential fatty acids (EFAs) the body needs but cannot be made on its own. This plant-sourced, organic unrefined oil blend is designed to provide the ideal 2-to-1 ratio of omega-3 and omega-6 fatty acids. Award-winning Udo's Oil Omega 3+6+9 Blend contains all the good fats you need with natural, unrefined oils from fresh, certified organic flax, sunflower, sesame, and evening primrose seeds as well as oils from coconut, rice, and bran.

- Each 30 mL serving of Udo's Oil Omega 3+6+9 Blend provides 13 grams of omega-3 and 6 grams of omega-6 fatty acids
- Unrefined and freshly pressed in a state-of-the-art, low heat, low light, and oxygen-free environment to provide maximum nutritional value
- Made exclusively with 100% sustainable, plant-based ingredients
- Non-GMO + Organic + Vegan

500ml Sale Price \$25.99

IMMEDIATE RELIEF ENZYMES

Give your body's natural enzymes a boost with Flora's Immediate Relief Enzyme. Especially helpful for those with diets high in protein and fiber, this vegetarian formula can help provide relief from occasional heartburn, gas, bloating, and indigestion,* and help maintain the overall health of your digestive system.

- Gluten-Free + Non-GMO + Vegan

120 v-caps Sale Price \$29.99

EFAMOL EVENING PRIMROSE OIL

Beautiful skin doesn't come from creams, lotions or serums. It starts inside, with what you put in your body. If you want skin that's positively glowy, moisturize from the inside out with Efamol® Beautiful-Skin Evening Primrose Oil. Evening primrose oil (EPO) is naturally rich in GLA a skin-loving omega-6 fatty acid that minimizes fine lines, wrinkles and dull skin. But not all EPOs are alike. Made with proprietary Rigel® seeds, Efamol provides 31% more GLA than other brands. Maybe that's why it's the only brand clinically proven to improve skin moisture, elasticity and firmness. Let your natural beauty shine through, with Efamol.

1000mg 180 v-caps Sale Price \$49.99

CIRCUVEIN

The heaviness, swelling, and knotted appearance of varicose veins can be a source physical and emotional discomfort for those who are afflicted. Thankfully, there is hope for relief, naturally. Flora's CircuVein contains naturally occurring ingredients that are clinically proven to be effective, reducing the visible signs of varicose veins by reducing swelling.*

- Clinically proven to reduce the visible signs of varicose veins*
- Supports veins by reducing inflammation*
- Contains bioflavonoids diosmin and hesperidin sourced from Spanish oranges
- Dairy-Free + Gluten-Free + Vegan

60 caps Sale Price \$24.99

HOLY BASIL TEA

For more than 5000 years, holy basil (also known as tulsi) has been revered in India as one of the country's most sacred herbs, and used to promote well-being and a sense of peace. Flora's caffeine-free Holy Basil Tea blends refreshing and fragrant tulsi with a touch of soothing rooibos for a rich-tasting blend, ideally served hot or cold.

16 tea bags Sale Price \$5.99

STRESSVEDA

Stressveda combines ashwagandha, one of the most highly treasured adaptogens in Ayurveda, with plant-sourced vitamins. The resulting combination helps increase resistance to stress and helps increase energy in the case of mental and physical fatigue related to stress.

30 v-caps Sale Price \$19.99



ADVANCED B COMPLEX



- Active forms of B-vitamins in a form your body can utilize immediately
- Balanced ratios and clinically-supported doses
- Support for energy, stress and burnout, metabolism, brain and nerve function
- Promotes healthy methylation
- Doesn't cause niacin "flush"

90 caps Sale Price \$37.99

180 caps Sale Price \$52.99

ZINC-COPPER BALANCE



- Addresses zinc deficiency while reducing the risk of excess zinc
- Supports healthy skin, prostate, and immunity
- Clinically backed ratio of zinc to copper

100 caps Sale Price \$28.99

MAG MALATE RENEW



- A true chelate of magnesium and malic acid
- Reduces the symptoms of fibromyalgia and chronic fatigue syndrome
- High quality, 100% pure magnesium malate
- Enhances cellular energy production and muscle function

120 caps Sale Price \$28.99

ORTHO SLEEP



- The most comprehensive, natural sleep formula available
- Helps one fall asleep, stay asleep, and wake up feeling refreshed
- Improves overall sleep & helps with jet lag

60 v-caps Sale Price \$34.99

BONE BASICS



- Helps maintain healthy bones
- Supports joint health and cartilage repair

240 caps Sale Price \$43.99

ORTHO ADAPT



- Mobilizes internal energy stores
- Reduces the impact of stressful conditions
- Activates whole-body defenses
- Prevents the body from overreacting to a stressor

120 caps Sale Price 39.99

LIQUID VITAMIN D3 FOR ADULTS



- Vitamin D3 in a convenient liquid form
- Supports the immune system
- Includes calibrated dropper for accurate dosing

100ml Sale Price \$41.99

N-A-C



- Promotes respiratory health, helps clear excess mucus
- Protects the liver by boosting glutathione levels
- Supports detoxification

120 caps Sale Price \$32.99



HERBATINT

Herbatint Permanent Haircolor gel is enriched with 8 organic herbal extracts

- Vibrant long lasting colour
- Covers Grey
- Multiple applications per package

120ml/135ml (assorted Colours) **Sale Price \$16.99**



BIO-FIT

Reduce appetite, Increase metabolism, while cleansing the liver and digestive track. 1 month supply.

120 v-caps **Sale Price \$42.99**



VIAGREAT-SX

Male enhancement formula. Increase libido, stamina and energy. For men.

40 v-caps **Sale Price \$39.99**



SHARK CARTILAGE FOR JOINT RELIEF™

Helps Provide Comfort and Mobility
Helps Relieve Joint Pain in Osteoarthritis
A natural source of calcium and contains chondroitin sulfate
Provides nutrients for cartilage, connective tissue, and joint lubrication

100 caps **Sale Price \$29.99**



BLOOD SUGAR METABOLISM™

Supports Healthy Glucose Metabolism
Formulated to strengthen the pancreas and liver
Natural support for the adrenal glands

60 caps **Sale Price \$33.99**



CLEAR SKIN™

Works From The Inside
For the treatment of acne, eczema, psoriasis, and rosacea
Helps as a blood cleanser and blood purifier
Helps to nourish cells and remove toxins
Provides phytonutrients and omega-3 fatty acids

90 caps **Sale Price \$34.99**



NORDIC NATURALS COD LIVER OIL

Triglyceride form delivers up to 98% absorption rate
125Mg DHA per serving
Available in Strawberry, Orange or Lemon

237 ml **Sale Price \$33.99**



RHOZIVA

Are you Stressed, Anxious, or Feeling Down?

- Reduces Feelings of Anxiousness
- Enhances Mood
- Increases Energy Levels
- Improves Memory
- Supporting Alberta Growers!
- Available in 30 and 60 days capsules
Feel the difference in 1-6 days!

60 caps **Sale Price \$29.99**



NOURISHING WAVES PLUS - LIQUID

Do you have..... Thinning Hair? Brittle Nails? Dry Skin?

- Improves Thyroid Function
- Keeps stress hormone cortisol down
- Strengthens hair and prevents hair from breaking
- Improves health, strength of nails, growth of nails
- Supports elasticity of skin
- May reduce fat in the gut
- Also available in 30 day capsules
Notice the difference in as little as 30 Days!
*Results may vary

450 ml **Sale Price \$33.99**



GARDEN OF LIFE - RAW ORGANIC ALL-IN-ONE

RAW ORGANIC ALL-IN-ONE is a delicious organic MEAL-ON-THE-GO packed with incredible nutrition! RAW ORGANIC ALL-IN-ONE uniquely combines the goodness of multiple Garden of Life® products in one. It has the benefits of seven products in one container! Raw Organic All-In-One delivers 20 grams of clean protein per scoop from 13 raw sprouted ingredients, along with greens, fiber, probiotics, enzymes, plus 21 vitamins and minerals.

Available in Chocolate (1,017g) or Vanilla (969g).

Sale Price \$64.99



PURICA LION'S MANE

PURICA Lion's Mane mushrooms are North American grown, organic, full spectrum and micronized to provide optimal absorption and improve cognitive function

120 v-caps **Sale Price \$52.99**



PURICA IMMUNE 7

PURICA Immune 7® is an immunomodulating dream combining six organic medicinal mushrooms and Nutricol, our proprietary blend of super-strength antioxidants

120 v-caps **Sale Price \$49.99**



PURICA RECOVERY EXTRA STRENGTH

PURICA Recovery targets the root cause of inflammation, providing effective, sustained relief to those dealing with sore joints and muscles or recovering from injury.

360 v-caps **Sale Price \$64.99**



HAWKSTONE PLAZA 18326 LESSARD RD	780-761-6555
LONDONDERRY MALL	780-473-4268
NORTHGATE CENTRE	780-476-6062
CAPILANO MALL (NEXT TO WINNERS)	780-413-4817
BONNIE DOON SHOPPING CENTRE (NEXT TO BANK OF MONTREAL).....	780-761-1999
SOUTH EDMONTON COMMON (ACROSS FROM LONDON DRUGS)	780-461-0889
WESTMOUNT MALL 111 AVE & GROAT RD.	780-453-1313
KINGSWAY MALL (NEXT TO HOMESENSE).....	780-752-0786
MILL WOODS TOWN CENTRE (NEXT TO FOOD COURT)	780-757-8482
NOW OPEN CALLINGWOOD NEW LOCATION 248, 6655 178 ST	780-481-0157

JASPER GATES SQ. (STONY PLAIN RD. & 149 ST.).....	780-484-2380
NOW OPEN FORT SASKATCHEWAN #101 41 WESTPARK BOULEVARD.....	587-285-2201
SHERWOOD PARK (EMERALD DR.)	587-269-1919
ST. ALBERT SHOPPING CENTRE (ACROSS FROM WINNERS)	587-290-3663
ST. ALBERT GATEWAY VILLAGE CTR.....	780-460-4583
BEAUMONT 5023-52 AVE	780-737-3663
WETASKIWIN MALL (37 AVE & 56 ST.)	780-368-3040
CAMROSE DUGGAN MALL	780-673-9786



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