



VITALITY HEALTH FOODS

YOUR HEALTH IS OUR PRIORITY

AUGUST 15 - SEPTEMBER 30, 2022
CUSTOMER APPRECIATION

BUY ANY REGULAR PRICED PRODUCT & RECEIVE

25% OFF*

*Minimum purchase of \$25.00 before taxes. Valid at Vitality Health Foods Only. One coupon per visit. Expires September 30, 2022.

prairienaturals®
Live the Healthy Life!

- 25% OFF -



All Prairie Naturals Products

prairienaturals®

prairienaturals.ca



HAWKSTONE PLAZA 18326 LESSARD RD 780-761-6555
LONDONDERRY MALL 780-473-4268
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WESTMOUNT MALL 111 AVE & GROAT RD. 780-453-1313
KINGSWAY MALL (NEXT TO HOMESENSE) 780-752-0786
MILL WOODS TOWN CENTRE (NEXT TO FOOD COURT) 780-757-8482
NOW OPEN CALLINGWOOD NEW LOCATION 248, 6655 178 ST 780-481-0157

BIOACTIVE B

- Formulated with clinically researched dosages
- A complete B-complex with all eight water-soluble B vitamins, plus choline and inositol
- The highly absorbable bioactive form skips the need for conversion in the liver
- Flush-free formula
- Available in liquid and capsules
- Liquid formula is a delicious natural blueberry flavour with no artificial sweeteners



90 v-caps **Sale Price \$29.99** 180 v-caps **Sale Price \$49.99** 500 ml **Sale Price \$26.99**

LIPOSOMALS

- CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell.
- Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake.
- With soy-free phospholipids sourced from sunflower and phosphatidylcholine.
- No artificial colours, flavours, preservatives or animal products. Delicious tangerine peach flavour.



Curcumin 100, Magnesium 50, Vitamin C 1000 450 ml **Sale Price \$35.99** Coenzyme Q10 450 ml **Sale Price \$44.99**

ZINC BIS-GLYCINATE 25

- Preferred form of zinc due to its superior absorption and gentleness.
- Daily intake is important, as we excrete what we don't use or absorb.
- Mineral zinc plays an important role in several bodily functions including proper wound healing, taste, vision, cognitive health, immunity, blood sugar support, and normal glandular function.
- An essential component of the body's antioxidant enzymes, superoxide dismutase (SOD) and glutathione peroxidase.



60 v-caps **Sale Price \$8.99** 120 v-caps **Sale Price \$14.99**

MAGNESIUM BIS-GLYCINATE 200 GENTLE

- Preferred and highly absorbable Bis-glycinate form
- Easy and gentle on the bowels
- 200mg of pure elemental per capsule



120 v-caps **Sale Price \$24.99** 240 v-caps **Sale Price \$35.99**

COLLAGEN FULL SPECTRUM

- 100% pure hydrolyzed peptides
- Enhanced solubility & bioavailability
- Derived from grass fed, pasture raised cows, free of antibiotics, hormones, and GMO ingredients



250g Powder **Sale Price \$35.99** 500ml Liquid **Sale Price \$30.99**

SLEEP RESET MELATONIN

- Soothes mental stress that contributes to sleeplessness
- Resets the circadian rhythm
- Helps prevent the effects of jet lag



90 v-caps **Sale Price \$26.99**

SLEEP RESTORE ASHWAGANDHA

- Helps relieve stress that contributes to sleeplessness
- Counteracts the impacts of stress hormones
- Melatonin-free sleep aid



90 v-caps **Sale Price \$26.99**

PRO-BIOTIK IBS SUPPORT

- A robust, clinically proven strain of B. coagulans that withstands the harsh environment of the gut
- Helps manage those unpleasant IBS symptoms so you can get back to the things you love
- Reduces symptoms of irritable bowel syndrome
- Promotes favourable gut flora



30 v-caps **Sale Price \$17.99**

HYA LOVE

- Helps increase and sustain skin hydration
- Aids in collagen formation for skin, hair and nails
- Promotes smooth, glowing skin
- Protects against oxidative damage caused by free radicals



60 v-caps **Sale Price \$35.99**

JASPER GATES SQ. (STONY PLAIN RD. & 149 ST.) 780-484-2380
NOW OPEN FORT SASKATCHEWAN #101 41 WESTPARK BOULEVARD 587-285-2201
SHERWOOD PARK (EMERALD DR.) 587-269-1919
ST. ALBERT SHOPPING CENTRE (ACROSS FROM WINNERS) 587-290-3663
ST. ALBERT GATEWAY VILLAGE CTR. 780-460-4583
BEAUMONT 5023-52 AVE 780-737-3663
WETASKIWIN MALL (37 AVE & 56 ST.) 780-368-3040
CAMROSE DUGGAN MALL 780-673-9786



@VITALITYHEALTHFOODS



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ASHWAGANDHA



- Helps the body adapt to temporary normal stress
- Supports a Healthy Immune System
- 15:1 Concentrate
- Traditionally used in Ayurveda
- Vegetarian/Vegan

400mg 90 v-caps Sale Price \$15.99

D-MANNOSE



- Urinary Tract Support
- Helps Reduce the Risk of Recurring UTIs
- 100 % Pure Powder
- Vegetarian/Vegan

500 mg 120 v-caps Sale Price \$24.99

GABA + VITAMIN B6



- Promotes Relaxation & Eases Nervous Tension
- Naturally Occurring L-Form of GABA
- A Factor in the Maintenance of Good Health
- Fast Absorbing Capsules for Quick Relief
- Vegetarian/Vegan

500mg 100 v-caps Sale Price \$15.99

HYALURONIC ACID



- High Potency
- Important Constituent for Joint Health
- Provides Antioxidants for the Maintenance of Good Health
- Vegetarian/Vegan

100mg 60 v-caps Sale Price \$27.99

NAC



- Antioxidant for Good Health
- With Essential Trace Minerals Molybdenum & Selenium to Further Enhance the Antioxidant Potential
- Helps to Replenish Glutathione, One of the Body's most Potent Antioxidants

600mg 100 v-caps Sale Price \$18.99

NIACINAMIDE



- Non Flush Form of Niacin
- Aids Growth & Development
- Maintains Good Health
- Helps Metabolize Proteins, Fats & Carbohydrate

500mg 100 v-caps Sale Price \$10.99

ZINC PICOLINATE



- Supports Immune Function
- Helps with connective tissue formation and healthy skin
- Helps the body to metabolize carbohydrates, proteins & fats

25mg 100 v-caps Sale Price \$11.99

ESSENTIAL OILS



- 3 of the Most Popular Essential Oils
- 100 % Pure
- Steam Distilled
- Purity Tested & Quality Assured

Lavender Oil 30ml Sale Price \$13.99

Peppermint or Rosemary Oil 30 mL Sale Price \$10.99



ULTIMATE FLORA® EXTRA CARE™ PROBIOTIC



With double the CFUs in our popular Extra Care™ 50B product, Renew Life® Ultimate Flora® Ultimate Care™ Probiotic has 12 strains to help manage antibiotic-associated diarrhea, in one vegetarian capsule.

30 v-caps Sale Price \$36.99

60 v-caps Sale Price \$64.99

ULTIMATE FLORA® WOMEN'S EXTRA CARE™ PROBIOTIC



Made for women by women, Renew Life® Ultimate Flora® Women's Extra Care™ Probiotic has 50 billion live cultures to help maintain healthy vaginal bacteria and yeast levels—and supports urinary tract and gastrointestinal/intestinal health, too.

30 v-caps Sale Price \$36.99

60 v-caps Sale Price \$64.99

ULTIMATE FLORA® ULTIMATE CARE PROBIOTIC



NEW IMPROVED FORMULA
Renew Life® Ultimate Flora® Ultimate Care™ Probiotic is a high CFU probiotic to help support digestive health and help manage antibiotic-associated diarrhea with 100 billion live cultures from 12 probiotic strains.

14 v-caps Sale Price \$26.99

30 v-caps Sale Price \$54.99

ULTIMATE FLORA® COLON CARE™ PROBIOTIC



With 80 billion live cultures from 12 strains, Renew Life® Ultimate Flora® Colon Care™ Probiotic offers daily colon health support and reduces frequency of gastrointestinal symptoms such as constipation and flatulence.

30 v-caps Sale Price \$51.99

CLEANSEMORE®



CleanseMORE® is made with naturally sourced ingredients containing 115 mg of the mineral Magnesium oxide along with natural herbal ingredients to help stimulate a laxative effect.

60 v-caps Sale Price \$24.99

120 v-caps Sale Price \$36.99

150 v-caps Sale Price \$39.99

QUERCETIN

- An antioxidant.
- Used in Herbal Medicine as a capillary/blood vessel protectant.

500mg 120 v-caps Sale Price \$48.99



MAGNESIUM BISGLYCINATE

- Enable faster, more efficient absorption and more usable magnesium for your body's needs.
- Helps to maintain proper muscle function.
- Helps in the development and maintenance of bones and teeth.
- Helps in tissue formation and helps the body to metabolized carbohydrates, fast and protein.

200mg 300 v-caps Sale Price \$38.99



PLATINUM NUTRI NAC

- Helps to reduce the severity & frequency of influenza-like symptoms & support immune system in adults over 65 or suffering from chronic degenerative diseases.
- Helps to relieve symptoms of chronic bronchitis.

150 v-caps Sale Price \$29.99



PLATINUM D+K2

- Helps in the development & maintenance of bones & teeth
- Helps in the absorption & use of calcium & phosphorus
- Calcium intake, when combined with sufficient Vitamin D, a healthy diet and regular exercise may reduce the risk of developing osteoporosis
- Helps to build strong bones and teeth, maintain immune function and helps in the process of normal cell division

300 softgels Sale Price \$42.99



PLATINUM ORGANIC CURCUMIN 95%

- Fight inflammation
- Boost immune system
- Fast-acting
- Clinically proven

BUY 1 UNIT OF THE TURMERIC 95% 90 CAPS AND RECEIVE 1 UNIT OF THE WHOLE ROOT TURMERIC 120V-CAPS FOR FREE (while supplies last).

90 v-caps Sale Price \$38.99



PRO COLLAGEN

- Ease joint pain and inflammation
- Helps support bone density
- Supports healthy skin, hair & nails

Bovine 150 v-caps Sale Price \$28.99

Bovine 425g Sale Price \$41.99

Marine 150 v-caps Sale Price \$35.99

Marine 425g Sale Price \$64.99



PLATINUM COLLOIDAL SILVER 10PPM

- Immune system support
- Heals wounds and skin conditions
- Water purification
- Anti-Inflammatory
- Sinus infection support
- Common cold and flu support
- Bronchitis and pneumonia support

WHEN ONE 600ML PLATINUM SILVER IS PURCHASED RECEIVE FREE PLATINUM SILVER 120ML SPRAY OR 250ML AT NO CHARGE (while supplies last).

600 ml Sale Price \$29.99



PLATINUM LIPOSOMAL GLUTATHIONE

- Support against oxidative stress and toxins
- Supports the immune system
- Clinically tested glutathione

75 soft gels Sale Price \$54.99



CHEWABLE VITAMIN D3 400IU, BERRY BUNCH BIG FRIENDS®

- A factor in the maintenance of good health
- Helps in the development and maintenance of bones and teeth
- Helps in the absorption and use of calcium and phosphorus
- Helps prevent vitamin D deficiency
- Sugar and gluten free

250 chews Sale Price \$10.99



LIQUID VITAMIN D3 400IU BIG FRIENDS®

- A factor in the maintenance of good health
- Helps in the development and maintenance of bones and teeth
- Helps in the absorption and use of calcium and phosphorus
- Helps prevent vitamin D deficiency

15mL Sale Price \$8.99



VITAMIN D3 600 IU NATURAL STRAWBERRY FLAVOUR, BIG FRIENDS®

- Supports a healthy immune system
- A factor in the maintenance of good health
- Helps in the development and maintenance of bones and teeth
- Helps in the absorption and use of calcium and phosphorus
- Helps prevent vitamin D deficiency

60 gummies 30% off Shelf Price



CHEWABLE VITAMIN C 250 MG, TANGY ORANGE BIG FRIENDS®

- Helps with immune function
- Supplies an antioxidant for the maintenance of good health
- Assists in the development and maintenance of bones, cartilage, teeth, and gums
- Offers a low-acidity formula that is gentle on stomachs and teeth
- Non-GMO and sugar-free

90 chews Sale Price \$6.99



KIDS AII-IN-ONE DAILY SHAKE MIX DREAMY CHOCOLATE

- Wholefood nutrition
- Raw and certified-organic superfoods and farm-fresh greens
- 13 g of vegan protein per serving
- Source of fibre and iron
- Easy to digest, soy-free, and dairy-free
- Delicious, nutritious, and plant powered!

460g Sale Price \$39.99



CHEWABLE MULTIVITAMIN & MINERALS WHOLE FOOD CONCENTRATE JUNGLE BERRY BIG FRIENDS®

- Helps maintain good health for active growing children
- Supports normal growth and development of bones, cartilage, teeth, and gums
- Provides a source of vitamin A for healthy eyesight, skin, and immune function
- Supplies antioxidants for the maintenance of good health
- Gentle on tooth enamel

60 chews Sale Price \$11.99



CHEWABLE IRON 10 MG. BIG FRIENDS®

- Helps prevent iron-deficiency anemia and associated tiredness and fatigue
- Provides 10 mg of iron to help prevent iron deficiency in children
- Supports the formation of red blood cells and their proper function
- Contributes to children's normal growth and development
- Gentle on the digestive tract
- No metallic taste

60 chews 30% off Shelf Price



MAGNESIUM CITRATE CHEWABLE 50 MG. BIG FRIENDS®

- A factor in normal growth and development
- Supports the development and maintenance of bones and teeth
- Helps maintain proper muscle function, including the heart muscle
- Assists with tissue formation and energy metabolism
- Supports the body's ability to metabolize nutrients

60 chews 30% off Shelf Price



MULTIPROBIOTIC 7 STRAIN FORMULA 3 BILLION ACTIVE CELLS BIG FRIENDS®

- Provides live microorganisms that temporarily modify gut flora
- Supports the immature gastrointestinal system of young children
- Helps restore the balance of healthy intestinal microflora
- Supplies a source of probiotics
- No added flavours, colours, or sugar; gluten-free

60g Sale Price \$22.99



**natural
Factors**



Natural Factors Celadrin PainRelief

- Supports healthy joint function
- Reduces joint pain due to osteoarthritis
- Promotes flexibility and joint movement
- Protects the cushioning within joints
- Helps manage the pain of inflammatory joint conditions

350 mg 120 softgels Sale Price \$27.99



Total Body Collagen Powder

- Supports formation of collagen and connective tissue for joint health
- Helps nourish skin, hair, nails, bones, teeth, and gums
- Helps reduce joint pain associated with osteoarthritis
- Supports lean muscle growth and recovery after a workout

Orange or Pomegranate or Unflavoured

500g 30% off Shelf Price



Natural Factors Tranquil Sleep®

- Helps you fall asleep and stay asleep
- Works in harmony with your body's natural sleep hormones
- Promotes restful sleep, so you wake refreshed and alert
- Induces relaxation and lowers the body's stress response
- Chewable tablets have a great-tasting tropical fruit flavour

60 chewable tablets Sale Price \$19.99



Natural Factors Theracurmin®

**CurcuminRich™
Double Strength**

- Supports a healthy inflammatory response
- Helps relieve pain due to osteoarthritis of the knee
- Lessens exercise-induced oxidative stress
- Provides antioxidants for the maintenance of good health

60 mg 60 v-caps 30% off Shelf Price

60 mg 120 v-caps 30% off Shelf Price



Natural Factors PEA400 Palmitoylethanolamide

- Helps manage chronic pain and discomfort
- Provides a plant-based therapy to relieve chronic pain
- Used to relieve the pain associated with nerve compression and inflammatory conditions

90 v-caps Sale Price \$29.99



Magnesium Bisglycinate Pure

- Helps maintain proper muscle function, including the heart muscle
- Helps maintain the body's ability to metabolize nutrients
- Supports tissue formation and the development and maintenance of bones and teeth
- A factor in the maintenance of good health
- Bisglycinate form is easy on the stomach and does not cause diarrhea

200 mg 120 v-caps Sale Price \$19.99



Natural Factors RxOmega-3

- Improves cognition, mood, and symptoms of depression, bipolar disorder, and ADHD
- Reduces risk for age-related macular degeneration, Alzheimer's disease, and other forms of dementia
- Reduces symptoms of inflammatory ailments including rheumatoid arthritis and inflammatory bowel disease

900mg 150 Softgels Sale Price \$41.99



Total Body Marine Collagen

with Hyaluronic Acid, Glutamine, & Biotin

- Clinically shown to reduce the number of wrinkles within 28 days
- Enhances skin elasticity and moisture to promote the appearance of smooth skin
- Supports collagen and connective tissue formation for joint health
- Nourishes hair, skin, nails, bone, teeth, and gums
- Helps reduce joint pain associated with osteoarthritis
- Supports lean muscle growth and recovery after workouts

Unflavoured 2000mg 135g 30% off Shelf Price

Natural Factors SunVitamin D3 2500 IU

- Helps prevent vitamin D deficiency
- Helps reduce the risk of developing osteoporosis when combined with adequate calcium & a healthy diet, and regular exercise
- Aids in the normal development and maintenance of bones and teeth
- Supports healthy immune system function

500 softgels Sale Price \$13.99



Natural Factors Liposomal Vitamin C

- Supports immune function
- Provides a source of antioxidants to protect against free radicals
- Helps in collagen formation and wound healing
- Contributes to healthy bones, cartilage, teeth, and gums
- A high-absorption and high-potency formula

1000mg 90 softgels Sale Price \$19.99

1000mg 180 softgels Sale Price \$36.99



Natural Factors SunVitamin D3 1000 IU

- Supports healthy immune system function
- Aids in the normal development and maintenance of bones and teeth
- Helps reduce the risk of developing osteoporosis when combined with adequate calcium, a healthy diet, and regular exercise

500 softgels Sale Price \$12.99



Total Body Collagen Total Meal Replacement Collagen & Whey Protein

- Supports the formation of collagen and connective tissue for joint and skin health
- Helps you feel full longer and reduces food cravings and overall appetite
- Supports weight reduction in combination with physical activity and a balanced diet
- Brings blood sugar to normal levels
- Lowers total cholesterol levels
- Provides a healthy and nutritious meal replacement
- Supports lean muscle growth and recovery after a workout

855g Vanilla 30% off Shelf Price



Natural Factors RealEasy™ with PGX®

- Supports weight reduction as part of an energy-reduced diet
- Reduces appetite to help you feel full longer and manage food cravings
- Brings blood sugar to normal levels
- Lowers total cholesterol levels
- Provides a healthy and nutritious gluten and dairy-free meal replacement
- Provides a healthy and nutritious meal replacement

Vegan 830 g Vanilla Sale Price \$49.99

Vegan 855 g Chocolate Sale Price \$49.99

Whey 870 g Vanilla Sale Price \$49.99

Whey 940 g Chocolate Sale Price \$49.99

Whey 885 g Strawberry Sale Price \$49.99



Natural Factors Quercetin LipoMicel Matrix

- Provides a source of antioxidants
- Used in herbal medicine as a blood vessel protectant

250mg 30 softgels 30% off Shelf Price

250mg 60 softgels 30% off Shelf Price



Ultimate Male Energy

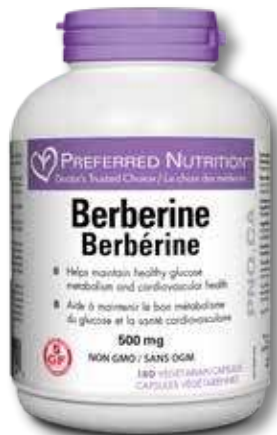
- Helps rejuvenate energy and vitality in men over age 35
- Protects testosterone levels
- Source of antioxidants
- Helps maintain good health



210 v-caps BONUS **Sale Price \$48.99**

Preferred Nutrition® Berberine

- Supports healthy glucose metabolism
- Helps maintain cardiovascular health in adults
- Helps support healthy cholesterol levels
- Helps support healthy blood lipid levels
- Supports insulin sensitivity



500 mg 120 v-caps

Sale Price \$31.99

Ultimate® Libido with Tongkat Ali

- Contains Epimedium grandiflorum, used in herbal medicine as an aphrodisiac
- Features a 100:1 extract of tongkat ali plus important nutrients for sexual health
- Contains yin yang huo, used in traditional Chinese medicine for symptoms of kidney yang deficiency such as spermatorrhea
- Formulated to support a healthy libido in both men and women
- A factor in the maintenance of good health



90 v-caps **Sale Price \$43.99**

BioSil™

- Clinically proven to help in the formation of collagen
- Helps support hair, skin, and nail health
- Increases skin elasticity
- Reduces fine lines and wrinkles
- Thickens and strengthens hair
- Encourages keratin production for nail growth and strength
- Protects both newly formed and existing collagen from breakdown
- Vegan



Biosil Liquid - 30 ml

Biosil - 46 v-caps

Biosil - 90 v-caps

Biosil - 120 v-caps

Biosil 60 Liquid v-caps

Biosil 120 Liquid v-caps

Sale Price \$39.99

Sale Price \$26.99

Sale Price \$43.99

Sale Price \$58.99

Sale Price \$31.99

Sale Price \$59.99

Ultimate Testosterone Boost

- Synergistic formula to help promote healthy testosterone production in men
- Features KSM-66 a clinically studied ashwagandha extract, for adaptogenic support at times of stress
- KSM-66 ashwagandha is the market leader for purity and efficacy and the highest concentrated full-spectrum extract available
- Features essential nutrients for men's health, including zinc, vitamin D3, and B vitamins, alongside cordyceps, to support immune function
- Non-GMO, gluten free, and suitable for vegetarians



60 v-caps **Sale Price \$22.99**

Medi-C Vitamin K2+A+D3

- Maintains eyesight, skin, immune function, bones, teeth and night vision



30 mL Vanilla

Sale Price \$13.99

Ultimate Maca Energy

- Synergistic formula to help promote healthy
- Provides a source of antioxidants
- Helps support healthy mood balance during menopause
- Helps support emotional aspects of sexual health in men and women
- Ethically farmed and sun dried maca concentrate
- Organic, non-GMO, and vegan
- Formulated for both men and women



210 v-caps 750 mg BONUS **Sale Price \$31.99**

WomenSense® Thyrosense®

- Nourishes and supports thyroid health
- Supports the conversion of T4 to the more active T3
- Formulated with nutrients and herbs for a healthy thyroid
- Helps metabolize carbohydrates, proteins, and fats



500 mg 210 v-caps BONUS

Sale Price \$38.99

Medi-C Medi-C Plus® Vitamin C & L-Lysine Formula with Magnesium Ascorbate

- Supports cardiovascular health and immune function
- Helps support collagen formation
- Helps reduce the recurrence of cold sores
- Helps maintain bones, teeth, and gums
- Provides a key antioxidant
- Buffered with magnesium to reduce gastrointestinal upset



Available in Unflavoured, Citrus or Berry with Magnesium or Calcium

Medi-C Plus Powder 300g

Sale Price \$25.99

Medi-C Plus Powder 600g

Sale Price \$47.99

Medi-C Plus Powder 1 Kg (Citrus or Berry Only)

Sale Price \$65.99

Medi-C Plus 150 v-caps

Sale Price \$21.99

Medi-C Plus 300 v-caps

Sale Price \$39.99

(Magnesium Only)

JOY OF THE MOUNTAINS® OIL OF OREGANO



- The most trusted, most awarded Oil of Oregano in Canada
- A proven preventative to boost your health
- Rare, highest potency Mediterranean species
- Sustainably wildcrafted, certified organic
- Winner of 18 Awards, Best Product

10mL **Sale Price \$12.99**

15mL **Sale Price \$16.99**

30mL **Sale Price \$24.99**

90 v-caps **Sale Price \$30.99**



NOURISHING WAVES PLUS



Do you have.....Thinning Hair? Brittle Nails? Dry Skin?

- Stops hair loss
- Improves Thyroid Function
- Keeps stress hormone cortisol down
- Strengthens hair and prevents hair from breaking
- Improves health, strength of nails, growth of nails
- Supports elasticity of skin
- May reduce fat in the gut
- Available in liquid or capsules

450mL **Sale Price \$34.99**

60 caps **Sale Price \$34.99**

RHOZIVA BRAIN



Need Help with Focus and Memory? Try Rhoziva Brain

- Supports brain function
- Improves Learning and retention
- Increases focus and memory
- Safe for adults, teens & seniors
- Results in 1-6 days!

60 v-caps **Sale Price \$37.99**



LIONS MANE



- Promotes Cognitive Function
- Source of Fungal Polysaccharides
- Immunomodulating Properties.

60 v-caps **Sale Price \$27.99**

IMMUNE 7



- Two Time Award Winning Formula
- Source of Fungal Polysaccharides with Immunomodulating Properties
- Source of Antioxidants for the Maintenance of Good Health

60 v-caps **Sale Price \$27.99**

ASHWAGANDHA



- Helps Reduce Symptoms of Stress Such as Sleeplessness, Fatigue, and Irritability
- Improves Concentration
- Helps Support Cardiovascular Health.

120 v-caps **Sale Price \$32.99**

CORDYCEPS



- A Source of Fungal Polysaccharides with Immunomodulating Properties
- Used in Traditional Chinese Medicine to Help Tonify and Replenish the Lungs and Kidneys
- Used to Resolve Phlegm

60 v-caps **Sale Price \$27.99**

MAGNESIUM BISGLYCINATE RASPBERRY



- Helps Tissue Formation and to Maintain Proper Muscle Function
- Assists in the Development and Maintenance of Bones and Teeth
- Helps the Body to Metabolize Carbohydrates, Fats and Proteins

150g **Sale Price \$20.99**

RED REISHI



- Helps with Insomnia
- Source of Fungal Polysaccharides with Immunomodulating Properties
- Helps with General Wellness

60 v-caps **Sale Price \$27.99**

MENOPAUSE RELIEF



- Helps Relieve Hot Flashes and Night Sweats While Encouraging Restful Sleep
- Helps Relieve Paresthesia (skin itch/tingling)
- Helps Relieve Nervousness, Vertigo, Fatigue, Rheumatic Pain and Vaginal Dryness

60 v-caps **Sale Price \$24.99**



EASYMULTI 60+



- CoQ10, Resveratrol and Grape Seed Extract are potent antioxidants that help protect cells from oxidative damage caused by free radicals
- Curcumin, contains anti-inflammatory properties
- Hyaluronic Acid to help maintain healthy bones, hair, nails and skin.
- Iodine to support the function of the thyroid gland.
- Iron has been included to help prevent iron deficiency

60 v-caps for men Sale Price \$39.99

60 v-caps for women Sale Price \$39.99

120 v-caps for men Sale Price \$75.99

120 v-caps for women Sale Price \$75.99

QUERCETIN 15X



- Antimicrobial properties, effective against most types of bacteria and viruses
- Daily, immune tonic. Can be used every day.
- Potent antioxidant
- Citrus-free for people who are sensitive to citrus sourced Quercetin.
- Vegan friendly

60 v-caps Sale Price \$29.99 120 v-caps Sale Price \$53.99

OREGANO-8



- A synergistic blend of 8 powerful immune boosters, is fast and effective for fighting symptoms of colds and flu.
- Supports the immune system, manages symptoms of infections from starting, and if you do get sick, Oregano-8 helps you feel better faster.
 - Oil of oregano has antiviral, antibacterial and antioxidant effects.
 - Garlic relieves the symptoms of respiratory tract and sinus infections.
 - Vitamin C and zinc help reduce the duration and severity of colds.

30 v-caps Sale Price \$23.99 60 v-caps Sale Price \$39.99

TOTAL VISION CARE-FULL SPECTRUM EYECARE



- The only vision care supplement recognized by The Vision Institute of Canada
- Premium oil based lutein and zeaxanthin multi-supplement formulated to support healthy vision
- Supports visual acuity, night vision and colour vision
- Helps reduce the risks of developing cataracts and age-related macular degeneration (AMD)
- Protects the lens of the eye from free radical damage
- Protects your eyes from digital eye burn
- Supports ocular development and function

30 v-caps Sale Price \$29.99 60 v-caps Sale Price \$52.99

Vegan 30 v-caps Sale Price \$29.99 Vegan 60 v-caps Sale Price \$52.99

PRENATAL EASYMULTI®



You want what's best for you and your baby. In one softgel a day, Prenatal Easymulti is a comprehensive multivitamin for pregnant and nursing mothers and those trying to conceive. Now available in a Vegan formula!

- Recognized by the Society of Obstetricians and Gynaecologists of Canada
- Fetal brain and eye development
- Complete support for mother and baby before, during, and after pregnancy
- Folic acid reduces the risk of neural tube defects
- Iron maintains your energy in an easily-absorbed form

60 v-caps Sale Price \$39.99 120 v-caps Sale Price \$70.99

Vegan 60 v-caps Sale Price \$39.99 Vegan 120 v-caps Sale Price \$70.99



GUT-FX



- GUT-FX is the ultimate formula to repair your intestinal tract lining, heal inflammation, support healthy gut flora, and restore your gut health
- Repairs leaky gut syndrome and other intestinal ailments
- Contains Probiotics (10 Billion CFU per serving)

180g Sale Price \$35.99

LIV-GREAT



- LIV-GREAT provides the liver with daily support by boosting its detox capacity, helping protect it from damage
- Supports both Phase 1 and Phase 2 liver detoxification
- Contains powerful antioxidants to protect and heal the liver from damage

60 v-caps Sale Price \$35.99

LUNG-FX



- LUNG-FX works by supporting the lungs' natural defense systems
- It contains expectorants to help break down mucous, promotes detoxification to protect the lungs from damage caused by pollutants and toxins
- Contains anti-inflammatories and antioxidants to heal and soothe damaged lung tissue.

90 v-caps Sale Price \$29.99

SALUS RED BEET CRYSTALS



- Energizing superfood and a powerful nitric oxide booster
- Supports cardiovascular health, and is rich in antioxidants
- Helps boost athletic performance and increase energy and stamina
- 1 gram of Salus Red Beet Crystals is the equivalent of 13.4 grams of fresh beets
- Mixes easily in water, juice, and smoothies
- Vegan, certified organic, gluten free, lactose free
- kosher, Non-GMO, no additives, preservatives, added sugar or alcohol

200g Sale Price \$23.99

Visit in-store and receive a \$7.50 Manufacturers Mail-In Rebate with purchase of Salus Red Beet Crystals 200g. While supplies last.

FLORADIX



- Floradix Liquid Iron Formula is clinically proven to quickly raise serum ferritin levels (iron levels) in the body, thereby restoring energy and well-being
- Formulated for those with low iron or anemia
- Easily absorbed, non-constipating formula.
- Contains B Vitamins and Vitamin C for enhanced absorption
- Vegetarian, kosher, no additives, preservatives, added sugars or alcohol
- Naturopath recommended

Bonus Pack 500mL + 250mL Sale Price \$49.99

FLORAVIT



- Floravit Liquid Iron Formula is clinically proven to quickly raise serum ferritin levels (iron levels) in the body, thereby restoring energy and well-being
- Helps pregnant and nursing women reach adequate serum ferritin levels (iron levels). Naturopath and Midwife recommended.
- Easily absorbed, non-constipating formula.
- Contains B Vitamins and Vitamin C for enhanced absorption
- Vegan, gluten free, kosher, no additives, preservatives, added sugars or alcohol

Bonus Pack 500mL + 250mL Sale Price \$49.99

KINDERVITAL



- Give your kids what they need to be their best. Salus Kindervital Liquid Multivitamin contains core vitamins and minerals needed daily for optimal health
- Kindervital provides the essential building blocks to build healthy muscles, strong bones, enhance vision, and boost immunity
- Essential for kids during growth spurts
- Tastes great and easily absorbed liquid formula
- Vegan, gluten free, kosher, no additives, preservatives, added sugars or alcohol

Bonus Pack 500mL + 250mL Sale Price \$49.99

CAL-MAG



- Salus Calcium-Magnesium gives your body what it needs for strong and healthy bones and to maintain proper muscle function. Helps with bone and muscle recovery
- Contains easily absorbed forms of calcium and magnesium along with zinc, vitamin D, whole food concentrates, and digestive herbs for enhanced absorption
- Safe for pregnant moms and baby
- Vegetarian, gluten free, kosher, no additives, preservatives, added sugars or alcohol

Bonus Pack 500mL + 250mL Sale Price \$49.99

TROPIC DIGEST AID



Tropic Digest Aid helps the body and aids in the proper absorption and utilization of fat-soluble vitamins A, D, E and K. It's effective in promoting healthy gallbladder function.

90 tabs **Sale Price \$13.99**



HEMP SEED OIL



- CB2™-infused organic hemp seed oil.
- Physician-formulated, multi-award-winning
- Vegan source of SDA omega-3 & endocannabinoid precursors
- Quick relief from pain, inflammation, insomnia & sleep problems, neurodegeneration, and so much more!

240mL **Sale Price \$29.99**

70 vegan softgel **Sale Price \$29.99**



BIO-REGROW



Hair follicle stimulation formula 2 month supply for men and women.

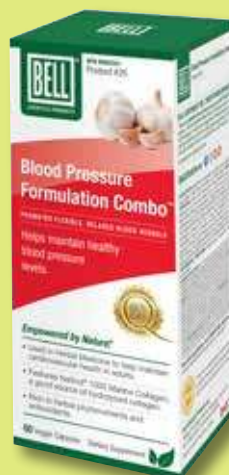
60 v-caps **Sale Price \$42.99**

VIAGREAT-SX



Male enhancement formula. Increase libido, stamina and energy. For men.

40 v-caps **Sale Price \$44.99**



BLOOD PRESSURE FORMULATION COMBO™

- Helps maintain healthy blood pressure
- Helps maintain cardiovascular health in adults
- Promotes flexible, relaxed blood vessels
- Rich in phytonutrients and antioxidants
- Features Naticol© 1000 Marine Collagen

60 caps **Sale Price \$29.99**

120 caps **Sale Price \$54.99**



LIVER SUPPORT™

- Help supports liver function
- Contains NAV and herbals
- A comprehensive formula to help protect the liver
- Increases bile secretion

60 caps **Sale Price \$26.99**



KIDNEY CLEANSE AND FUNCTION TEA™

- Supports kidney health
- Formulated with herbals to support kidney health
- Contains Uva Ursi, promoting urinary health
- Tastes great hot or cold

120g (loose tea) **Sale Price \$27.99**

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